

SCCOG SENIOR SERVICES MENU				
8 oz. milk daily OR 4 oz. juice daily	TRINIDAD, WALSENBURG, AGUILAR, SEGUNDO, & LA VETA			
	<u>Suggested Donation for Seniors (60+): Congregate \$2 per meal and Homebound \$2.50 per meal; Guest Fee \$10.00</u>			
	February 2026			
	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Menu Subject to Change Based on Availability				
2	3	4	5	6
Scrambled Eggs Sausage Patty Hashbrowns Orange Juice WW Bread	Chicken Fillet Rice Pilaf Steamed Broccoli Pineapple	Chili Con Carne Creamy Coleslaw Pears WW Crackers & Cheese	Rigatoni w/Meat Sauce Garden Salad Mandarin Oranges Garlic Bread	Breaded Pork Chops Mashed Potatoes w/Gravy Mixed Vegetables Mixed Fruit
9	10	11	12	13
Beef Tips w/Noodles Carrots Pudding with Strawberries Dinner Roll	Baked Ham w/Glaze California Blend Veggies Baked Potato/Sour Cream Pineapple WW Bread	Chicken Tenders French Fries Tossed Vegetable Salad Mixed Berries	Chef Salad w/Turkey, Ham, Egg, Cheese Ranch Dressing WW Crackers Tropical Fruit	Sloppy Joes French Fries Garden Salad Orange
16	17	18 - Ash Wednesday	19	20 (lent)
CLOSED Holiday	Beef Lo Mein Stir Fry Vegetables Mandarin Oranges	Tomato Soup Grilled Cheese Tossed Vegetable Salad Applesauce	Chicken Fajita Spanish Rice Refried Beans Peaches	Tuna Salad Sandwich Lettuce/Tomato 3 Bean Salad Orange
23	24	25	26	27 (lent)
Turkey & Provolone Sub Lettuce/Tomato/Mayo Chips Apple	Pigs in a Blanket Baked Beans Coleslaw Jello & Fruit	Supreme Pizza Tossed Salad w/Dressing Cinnamon Apples	BBQ Pork Riblet Scalloped Potatoes Broccoli & Carrots Pears WW Bread	Bean & Cheese Burrito Spanish Rice Salsa Lettuce/tomato Tropical Fruit
** Please Make Reservations/Cancellations One Day in Advance **				
Your continued donations are greatly appreciated and help sustain our nutrition program.				
Program is provided through: South Central Council of Governments (SCCOG) Area Agency on Aging 300 Bonaventure Ave. Trinidad, CO 81082 719-845-1133 ext. 225		Trinidad Senior Center Kitchen 719-846-4515 Walsenburg Senior Center 719-738-1182		
		To schedule ride: RIDELINE - 719-845-1127 or www.colorado.gov/sccog/ridethebus		